

# **Abstinence Self-test (True or False)**

- 1. Sex should only happen if you're married or in a committed relationship. T F**
- 2. I want to be 100% sure that I do not get pregnant (or that my partner does not get pregnant). T F**
- 3. I do not want to get a sexual transmitted disease. T F**
- 4. I am not comfortable using condoms. T F**
- 5. I have a new boyfriend/girlfriend and want to wait to have sex until I am ready. T F**
- 6. I do not have a boyfriend/girlfriend and don't want the emotional risks of casual sex. T F**
- 7. I have never had sex and do not feel like I'm ready. T F**
- 8. I want to wait to have sex because I am not married or in a committed relationship. T F**
- 9. I just broke up with someone and not ready to get sexually involved right now. T F**
- 10. I have some goals I want to reach and believe sex would take my attention away from that goal. T F**

**If you answered true to any of these then you might want to wait to have sex.  
<http://www.ppcw.org/teens/index.asp>**